



Suicide Prevention Offering Recovery Through Sport

Article I: Name

The name of this organisation is Suicide Prevention Offering Recovery Through Sport ("SPORTS"). It is a non-profit organisation with all profits being reinvested into the development of the SPORTS.

Article II: Purpose

The purpose of SPORTS shall be:

- A. To promote Mental Health and Wellbeing through sport.
- B. Work with member sports clubs to implement mental health best practices through provision of template documents, access to information and through facilitation of training
- C. Work with local mental health experts to provide support to the members of our member sports clubs
- D. Run a quarterly forum for member clubs to discuss Mental Health issues and best practices
- E. To provide access to the training and facilities of our member clubs to those suffering from mental health issues as a way of recovery
- F. To raise awareness of mental health issues and break down the stigmas associated with them

Article III: Membership

- A. Membership to SPORTS shall be open to all sports clubs, subject to approval by the Committee and subject to payment of a membership fee to be decided on an annual basis by the Committee.

Article IV: Committee and Officers

- A. The Committee will be made up of members who will be nominated by member clubs. They can nominate themselves or others can nominate them. They must then approved by a majority vote by the existing Committee. The Committee shall consist of no less than five, nor more than twelve members, at least 50% of the Committee must be in attendance to constitute a quorum.
- B. A new Chairman will be voted by majority decision by the Committee at the Annual General Meeting and will serve until such time as a vote is called by a majority of the Committee or the Chairman decides to step down.
- C. The Officers, consisting of Chairman, Honorary Treasurer, Honorary Secretary, Vice-Chairman, Mental Health Training Lead and such other Officers as the Committee

wishes to appoint, shall be appointed by the Committee annually, from among its number, at the Annual General Meeting. An Officer shall continue in office until his successor has been appointed.

- D. An Officer will be voted by majority decision by the Committee at the Annual General Meeting and will serve until such time as a vote is called by a majority of the Committee or the Officer decides to step down.
- E. The Committee shall have the power to operate such banking arrangements as it considers appropriate for the administration of SPORTS finances.
- F. The Committee will listen and respond to issues raised by the SPORTS member clubs and members of those clubs.
- G. There will be a Finance Sub-Committee consisting of the Chairman, the Honorary Treasurer and one other member to be nominated by the Chairman and confirmed by way of a vote by the full Committee.
- H. There will be a Training Sub-Committee consisting of the Mental Health Training Lead, the Honorary Treasurer and other members to be selected by the Chairman. This sub-committee will agree and arrange on suitable training for the Committee and member clubs.

Article V: Annual Subscription

The Annual Subscription shall be such amount (if any) as the Committee shall approve, payable annually in advance by 1 October. The initial subscription for a member first joining the Club after 1 October in any calendar year shall entitle him to membership until 30 September in the following year. Any person who has not submitted their subscription by the end of November in any one year will be assumed to have resigned their membership and will not be permitted access to the Club's facilities.

Article VI: Meetings

- A. Meetings will be held no less frequently than monthly and be subject to a quorum.
- B. The Committee shall arrange and run a forum open to attendance of representatives from all member clubs no less frequently than quarterly.
- C. Fundraising events, training and evening speaker / networking events will be organised by the Chairman with input from the committee with an expectation of holding at least four signature events per year.
- D. Events will be open to all member clubs of SPORTS and will be promoted through the committee..
- E. Non-members of the Club may also be able to attend events in return for a one-off charge, which will be agreed by the Committee in advance. The Committee may also agree to waive additional fees for non-members.

Article VII: Annual Report and Accounts

The Secretary shall prepare an annual report on 31 May each year. The Accounts shall be prepared annually at 31 May by the Hon Treasurer.

Article VIII: Amendments

- A. Section 1. Amendments or changes may be made to this constitution at any time by order of the Chairman and subject decision made by quorum.
- B. Section 2. Members interested in proposing amendments to the constitution must submit the proposed amendment to the Chairman.
- C. Section 3. All the active officers may vote in favour on the constitutional amendment. Amendments will be added with a majority vote by active officers.

Article IX: General Meetings

- A. The Committee shall call an Annual General Meeting before the end of September in each year, for the purpose of considering the Annual Report and Accounts, and electing members of the Committee.
- B. The Committee may also call such further General Meetings as it considers appropriate.
- C. Representatives from all member clubs shall be eligible to attend and vote at General Meetings. The quorum for General Meetings shall be 6.
- D. The Secretary shall give not less than 14 days' notice to member clubs of all General Meetings. Notice of the Annual General Meeting shall be accompanied by the Annual Report and Audited Accounts and invitation to submit nominations for elections to the Committee.
- E. Voting at General Meetings shall be by show of hands, unless a ballot is demanded by 50% or more of the members present. The election of members of the Committee shall in any event be by ballot. The decision of the Chairman as to the result of a vote shall be final.
- F. The Committee shall have power to adopt Standing Orders for the conduct of General Meetings.

December 2018

Office Bearers

Chairman – TJ Young
Vice Chairman – Chris Scott
Secretary – Neil McGuiggan
Treasurer – Paul Magee

Operational Lead – Becky Weir
Training and Resources Lead – Alan Robinson
Mentor – Karl Williams

Social Media Sub-Committee

Paul Magee
Dean Gordon

Membership Sub-Committee

Neil McGuiggan
Emma Walsh

Full Committee

TJ Young
Alan Robinson
Neil McGuiggan
Dean Gordon
Becky Weir
Emma Walsh
Karl Williams
Paul Magee
Chris Nicholls
Jeff McNamara
Chris Scott